

# COVID-19 SAFETY CHECKLIST

## YOUTH BASEBALL/ SOFTBALL REOPENING CONSIDERATIONS

The following lists the operational adjustments that youth sport programs may want to consider as they return to play during the COVID-19 pandemic. It is important to note that many of these considerations may change as government guidelines, industry standards and guidance from medical professionals evolve. As you develop your reopening plans, it is critical that you ensure that they are compliant with federal, state and local laws and government regulations. Additionally, it is always a good idea to review your plans with your legal counsel.

BASEBALL/SOFTBALL		
PARTICIPANT SCREENING		
1	Consider having participants and coaches pass a COVID-19 test to see if they are infected or perform an antibody test to see if they were infected at one time and now possess the infection antibodies that render them immune to COVID-19.  ❖ <i>COVID-19 Virus test must test negative and tests should be taken once a week.</i> ❖ <i>Antibody tests (serology test) must test positive for an antibody and should be tested every two months.</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	Consider performing daily temperature checks (before games or tournaments).	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
3	Consider having participants complete a Travel Declaration and COVID-19 form.  ❖ <i>Note: Individuals that have traveled overseas, or even to "hot-spot" areas in the United States, as well as individuals who have been in contact with an individual affected by the COVID-19 virus, should be subject to a 14-day self-quarantine prior to being allowed to participate.</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
4	Develop a written sick policy. Participants should be symptom free for at least 14 days prior to any activity.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Consider having participants and coaches complete medical questionnaires. Individuals with preexisting medical conditions should be discouraged not to participate.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
PHYSICAL DISTANCING		
1	Consider having the home plate umpire positioned between the pitcher and second base or be required to wear a mask and gloves if behind the plate.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	To ensure proper physical distancing is maintained, consider limiting the number of players allowed in the dugout at one time. Have a player staging area in place located close to the dugout.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
3	Ensure 6-foot physical distancing during coach and umpire visits and meetings.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
4	Ensure base coaches maintain 6-foot physical distancing from players.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Eliminate team huddles on the pitcher's mound. Mound visits should be limited to the pitcher, one coach, and the catcher with 6-foot physical distancing maintained at all times.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
6	Ensure team members avoid physical contact with teammates as much as possible (e.g. high fives, pats on back, huddles, very close conversations, etc.).	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

7	Eliminate post-game handshakes and high fives with the opposing team.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
8	Limit spectator attendance to essential staff and limited family members. Ensure the proper physical distancing protocols are in place for all spectators.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
9	Ensure teams wait until the prior team is completely off the field and the dugout is cleaned and disinfected before entering.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
10	Eliminate formal trophy ceremonies which can lead to large concentrations of people.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
<b>CLEANING, DISINFECTING &amp; HYGIENE</b>		
1	Encourage players to only use their own equipment. Limit or, if possible, discontinue having players share equipment (e.g. batting helmets, bats, catcher's gear, gloves, etc.). If there is only one set of catcher's gear available, ensure that all parts are disinfected before another player uses it, especially the facemask.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	Clean and disinfect all baseball/softball equipment before and at the end of each game.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
3	Ensure all areas of the dugout are clean and disinfected before and after each game.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
4	Avoid using water jugs, instead issue each player their own water bottles and Gatorade. Inform players not to use water fountains.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Educate all players on the proper hygiene (not touching eyes, nose, mouth with unwashed hands), and the proper sneeze/cough etiquette.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
6	Have alcohol-based hand sanitizers (preferably containing 65% - 95% alcohol) available during practices and games. Encourage players to use during games. <i>Note: Players should be reminded that soap and water should be the preferred method to clean their hands if their hands are visibly dirty (after going to bathroom, blowing nose, coughing and sneezing etc.).</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
7	Provide hand washing/sanitizing stations throughout the venue.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
8	Encourage players not to spit or use sunflower seeds or chewing gum during games.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
9	Develop practice and in-game cleaning response protocols for potential biohazards on the fields.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
<b>EMERGENCY RESPONSE/MEDICAL CONSIDERATIONS</b>		
1	For large tournaments, consider having an event management team, including a licensed Medical Director. This group would have the authority to modify, restrict, postpone or cancel the event based on public health risk or other factors.  ❖ <i>The Medical Director would make the final decision if a player could return to play, should be sent to self-quarantine or should be sent for further examination (when COVID-19 related).</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	For large tournaments, consider creating a Medical Plan for the event.  ❖ Identify local healthcare resources (e.g., urgent cares, emergency rooms, ambulance services) and notify them of the event logistics. ❖ Create a flyer with the names, addresses and contact numbers for local healthcare resources that can be given to all attendees.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
3	Create and display COVID-19 information signage throughout the venues.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

4	Designate a separate area such as a first aid office/tent or EMT office/tent to take potentially sick patients to be evaluated.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Create a mechanism to be able to text all participants/spectators in the venue should an emergency notification (contact tracing) be necessary.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

**ADDITIONAL NOTES:**