

The following lists the operational adjustments that youth sport programs may want to consider as they return to play during the COVID-19 pandemic. It is important to note that many of these considerations may change as government guidelines, industry standards and guidance from medical professionals evolve. As you develop your reopening plans, it is critical that you ensure that they are compliant with federal, state and local laws and government regulations. Additionally, it is always a good idea to review your plans with your legal counsel.

VOLLEYBALL		
PARTICIPANT SCREENING		
1	Consider having participants and coaches pass a COVID-19 test to see if they are infected or perform an antibody test to see if they were infected at one time and now possess the infection antibodies that render them immune to COVID-19. ❖ <i>COVID-19 Virus test must test negative and tests should be taken once a week.</i> ❖ <i>Antibody tests (serology test) must test positive for an antibody and should be tested every two months.</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	Consider performing daily temperature checks (before practice or matches).	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
3	Consider having participants complete a Travel Declaration and COVID-19 form. ❖ <i>Note: Individuals that have traveled overseas, or even to "hot-spot" areas in the United States, as well as individuals who have been in contact with an individual affected by the COVID-19 virus, should be subject to a 14-day self-quarantine prior to being allowed to participate.</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
4	Develop a written sick policy. Participants should be symptom free for at least 14 days prior to any activity.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Consider having participants and coaches complete medical questionnaires. Individuals with preexisting medical conditions should be discouraged not to participate.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
PHYSICAL DISTANCING		
1	Avoid pre and post-game handshakes and high fives with the opposing team.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	Establish volleyball specific social distancing match protocols including the elimination of handshakes, high fives, and huddles. Also, the modified coin toss, warm-up and substitution procedures should be used.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
3	Eliminate on-site team check-in if possible.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
4	Eliminate player benches and create player/coach boxes with tape.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Space the courts a minimum of 25 feet apart and refrain from using adjacent courts at the same time when possible.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
6	Eliminate unnecessary equipment (chairs, tables, libero/line ups, etc.)	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
7	Require officials to post all scores electronically to eliminating unnecessary face to face contact.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
8	Limit officiating teams to one R1 per match who shall keep the visual score on the stand.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

9	Emphasize court time management by officials to reduce the instance of courts getting behind schedule and contributing to crowds waiting by the court.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
10	Use air walls or other barriers between groups of courts, where practical.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
11	Stagger match start times to space out participant's entry.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
12	Suspend the protocol of teams switching sides in indoor play.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
13	Eliminate formal medal and trophy ceremonies which can lead to large concentrations of people.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
14	Consider limiting spectator attendance to essential staff and limited family members. The number of people should be in compliance with local guidance.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

CLEANING, DISINFECTING & HYGIENE

1	Use multiple balls during the game and disinfect them all prior to the game.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	Switch balls during timeouts and breaks in game play and disinfect and wipe down the previously used ball.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
3	Ensure players do not use other player's equipment, water bottles etc.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
4	Avoid using water jugs, instead issue each player their own water bottles and Gatorade. Inform players not to use water fountains.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Educate all players on the proper hygiene (not touching eyes, nose, mouth with unwashed hands), and the proper sneeze/cough etiquette.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
6	Have alcohol-based hand sanitizers (preferably containing 65% - 95% alcohol) available during practices and games. Encourage players to use during time outs and between games. <i>Note: Players should be reminded that soap and water should be the preferred method to clean their hands if their hands are visibly dirty (after going to bathroom, blowing nose, coughing and sneezing etc.).</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
7	Provide hand washing/sanitizing stations throughout the venue.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
8	Provide sanitizing materials for scoring tables, official's stands, etc.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
9	Develop practice and in-game cleaning response protocols for potential biohazards on the courts.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

EMERGENCY RESPONSE/MEDICAL CONSIDERATIONS

1	For large tournaments, consider having an event management team, including a licensed Medical Director. This group would have the authority to modify, restrict, postpone or cancel the event based on public health risk or other factors. ❖ <i>The Medical Director would make the final decision if a player could return to play, should be sent to self-quarantine or should be sent for further examination (when COVID-19 related).</i>	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
2	For large tournaments, consider creating a Medical Plan for the event. ❖ Identify local healthcare resources (e.g., urgent cares, emergency rooms, ambulance services) and notify them of the event logistics. ❖ Create a flyer with the names, addresses and contact numbers for local healthcare resources that can be given to all attendees.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

3	Create and display COVID-19 information signage throughout the venues.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
4	Designate a separate area such as a first aid office/tent or EMT office/tent to take potentially sick patients to be evaluated.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>
5	Create a mechanism to be able to text all participants/spectators in the venue should an emergency notification (contact tracing) be necessary.	Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>

ADDITIONAL NOTES: